



**FOR IMMEDIATE RELEASE**

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**NET Health becomes a Medicare-Certified Diabetes Self-Management Education Program**

**Tyler, Texas (February 10, 2017)** – The NET Health Center for Healthy Living was recently named an accredited diabetes education program by the American Association of Diabetes Educators (AADE), a National Accredited Organization (NAO), certified by the Centers for Medicare & Medicaid Services (CMS). This will allow the people with Diabetes in and around the Tyler area with increased access to high quality diabetes education services.

The NET Health Center for Healthy Living, located at 2815 Frankston Highway in Tyler, will provide its next sessions of free Diabetes prevention classes every Tuesday and every Thursday, beginning February 14<sup>th</sup> and February 16<sup>th</sup>. Persons are asked to register by calling (903) 593 – 7474.

“Our dedicated staff work with a spirit of how they can best serve the community. They are making a difference in so many lives,” said George Roberts, Chief Executive Officer of NET Health.

Diabetes education is a collaborative process through which people with or at risk for diabetes gain the knowledge and skills needed to modify behavior and successfully self-manage the disease and its related conditions. The program is comprehensive and taught by diabetes educators who have extensive training.

“AADE’s accreditation assures that an accredited program meets the National Standards for Diabetes Self-Management Education and Support,” said Leslie E. Kolb, RN, BSN, MBA, Accreditation Director for the Diabetes Education Accreditation Program. “Meeting this criteria shows that these high quality programs have been shown to improve the health status of the individuals who embrace the education, to modify unhealthy behaviors, or simply to provide the education that the person with diabetes has not previously received. This is exactly the type of community-based program that we envisioned when we set up our accreditation in 2009.”

To register for these free Diabetes prevention and education classes, please contact Joy Johnson by emailing [JJohnson@netphd.org](mailto:JJohnson@netphd.org), or by calling (903) 593 – 7474. More details can be accessed at [HealthyEastTexas.org](http://HealthyEastTexas.org).

**About the Northeast Texas Public Health District (NET Health)**

NET Health serves a vital function for our northeast Texas citizens with our Departments of Immunizations, Tuberculosis Control, Laboratory Services, Vital Statistics, Public Health Emergency Preparedness, Disease Surveillance, Environmental Health, WIC (Women, Infants and Children) and Community Outreach.

The mission of NET Health is to promote health, prevent illness and protect our community.

More information is available at [HealthyEastTX.org](http://HealthyEastTX.org). [“Like” us on Facebook](#) and [“Follow” us on Instagram](#).

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